

# The Northern Fossil Oracle

---



---

created by S.Roman  
All Rights Reserved, 2025  
not for resale or reproduction

# What is Included in this Download & How To

Your Northern Fossil Oracle Deck download includes:

- A full-color PDF of 50 oracle cards, front and back designs
- Cards are formatted specifically for Avery 5388 Index Cards (3" x 5", 3 cards per sheet)
- An optional Wildflower Field Meditation to deepen your connection with the cards
- Instructions for use — how to work with the deck intuitively and meaningfully
- A selection of optional spreads to guide reflection, ritual, and insight
- Printing instructions and suggestions for at-home, low-waste, affordable card creation

This is how I personally print and use my decks, and I've designed the format to make the process accessible and rewarding. If you're willing to do a little extra hands-on crafting, you can create a beautiful, professional-feeling deck at home — one that's both budget-friendly and earth-conscious.

## Printing Suggestions

- Your oracle deck is formatted to print on Avery 5388 Index Cards, which are pre-cut, blank 3" x 5" cards designed to run through standard home printers. This makes it easy to produce a high-quality deck without needing professional equipment. Here's how to print and assemble your deck at home:
- Download the PDF and open it with a desktop PDF viewer such as Adobe Acrobat.
- Print on Avery 5388 Index Cards using your home printer. Be sure to follow your printer's guidelines for loading and printing on pre-cut cardstock.
- For durability and a polished feel, use laminating pouches sized for 3" x 5" index cards (available from most office supply stores or online).
- If you use card-sized laminating pouches, you will not need to cut any excess lamination — no trimming required. Just seal and go.

This approach:

- Requires no cutting or special tools
- Is cost-effective and easy to reproduce
- Allows you to reprint or replace individual cards if needed
- Reduces waste and environmental impact by skipping mass production and shipping

**This is the exact method I use to create my own decks — it's approachable, satisfying, and offers a beautiful result with a lighter footprint on the Earth. This method allows me to offer the oracle deck at a lower price, recognizing that while you'll need to do a bit of assembly using materials you provide, the result is a beautiful, affordable, and meaningful creation made by your own hands. Perhaps this experience will inspire you to create your own oracle!**

## A Message from Author & Artist S.Roman...

The Northern Fossil Oracle was created out of reverence for ancient life and the prehistoric spirit of the Northeast—a region shaped by ancient oceans, tectonic shifts, and the slow, quiet work of time. I've spent my life in landscapes where fossils rise from the earth like memories resurfacing. These places remember. And so do the fossils.

To me, fossils are more than stone. They are like mummies—wrapped in time, holding the preserved essence of creatures who lived and died long before humans ever set foot on this land. Some are long gone. Others still live among us, having survived extinction after extinction. These species are not only our ancestors—they are our teachers. They remind us that endurance is possible, that evolution is sacred, and that we are always shaped by what came before.

While crystals are often used to channel metaphysical energy, I've always felt that fossils hold a different kind of spiritual gravity. They connect us to what's beneath it all—the stories we carry in our bones, the parts of ourselves we've buried, the truths shaped by pressure and time.

This deck contains 50 fossils discovered throughout the Northeast. Each was chosen with care and designed as a visual and energetic tool for reflection. Many of the fossils featured in this deck are rare or difficult to access—whether due to their cost, their fragility, or the fact that they lie protected within public lands. Unless one is fortunate enough to be a property owner or trained paleontologist, the laws in many regions prohibit us from legally collecting fossils at all, even in the state where we live. In this way, it can feel as if something—whether by design or circumstance—stands between us and this ancient, powerful energy.

My hope is that these cards can act as spiritual proxies for the real fossil bodies they represent. Let them be points of contact, carrying the essence of deep time into your present moment.

The Northern Fossil Oracle is a companion for those who find themselves ruminating, remembering, and reaching for meaning in the layers of their life. It asks:

What ancient energy still lives within me?

What needs to be unearthed or understood?

What has been fossilized in my spirit—and is it time to release or reclaim it?

Fossils still fuel our world physically—but perhaps their energy is being misused.

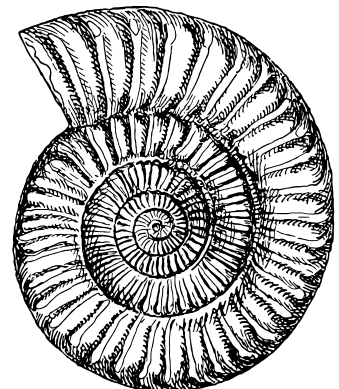
Here's to letting them fuel us metaphysically instead—with wisdom, reflection, and reverence for what lies beneath.

# Welcome to the Woodland Tracker Oracle

Welcome to the Northern Fossil Oracle, a deck of ancient echoes and hidden truths. These 50 fossil allies have been gathered from the prehistoric past of the Northeast, each one carrying the memory of a world that existed long before our own. Fossils are more than remnants—they are storytellers, spirit-keepers, and time travelers in stone. This deck was created to help you explore what lies beneath your surface: the patterns, energies, and beliefs you've carried across time. Many of these fossils are difficult to access in physical form, either protected by law or locked away by land and cost. Let these cards serve as sacred stand-ins, holding the energetic imprint of their ancient origins. As you work with them, may they offer grounding, clarity, and spiritual perspective. You are invited to listen deeply, remember what was, and choose what to carry forward.

## How to Use the Cards

My favorite way to use these cards is intuitively — to draw one, sit with the image, and let the message emerge like steam from the forest floor. But for those of you who need an extra spiritual download, I have included expanded meanings and relevant correspondences in this guidebook. Use what serves you. Leave what doesn't. Trust the path that unfurls beneath your feet.





# Fossil Meditation: The Paleontologist Within

## A Guided Fossil Attunement for working with the Northern Fossil Oracle

Close your eyes. Feel the weight of time settle gently on your shoulders—not as a burden, but as a cloak of knowing. Breathe in the ancient air, crisp and clean, scented with stone and lichen. You are standing in a dry creek bed, winding like a memory through the base of an ancient escarpment. The land here is old—shaped by ice, water, and the patient hands of glaciers long gone.

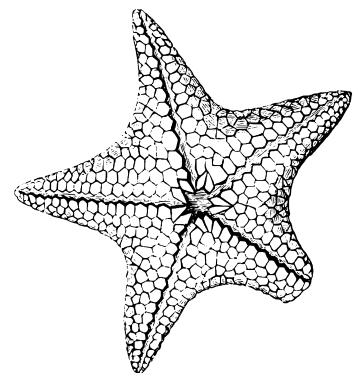
You are the paleontologist of your own life.

With every step, you scan the ground. Stones shift beneath your feet, and the sunlight glints off ridges and spirals. One rock bears the imprint of a trilobite—its armor etched like a fingerprint in stone. Another reveals the fan of a coral, like a forgotten breath. These are not just fossils. These are pieces of your own past—fragments of who you were, preserved in pressure, waiting to be seen.

You kneel beside a layered stone, and gently, with the reverence of a seeker, you begin to brush the dust away. Beneath it lies a pattern you almost forgot—a belief you outgrew, a memory that shaped you, a moment fossilized in feeling. Some of these relics you'll keep. Others, you'll honor and leave behind.

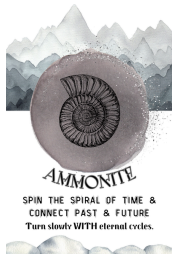
As you rise, you realize: this creek bed is within you. The escarpment is your spine. The glacial carve is your lineage. And every fossil you uncover is a lesson in becoming.

Breathe out slowly. Carry your discoveries with care. You are not broken—you are sedimentary. And every layer has a story worth telling.



# Through the Ages

## The Northern Fossil Oracle Guidebook



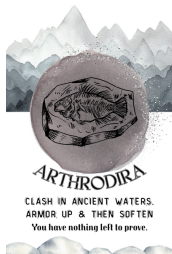
### Ammonite

Portal: Spin the spiral of time. / Connect past and future.

Key Phrase: Turn slowly with eternal cycles.

Message: You are caught in a loop—but not all cycles are traps. This card reminds you to honor the turning, to learn from the spiral. Begin again, but with deeper understanding.

Paleontology: Ammonites are extinct marine mollusks with coiled shells, often used as index fossils to date rock layers. Ammonite fossils are commonly found in limestone deposits throughout eastern New York and Vermont. This spiral form mirrors our own spiritual spirals—returning to the same lessons with new eyes each time.



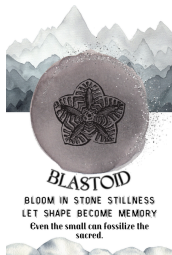
### Arthrodira

Portal: Clash in Ancient Waters, Armor Up & then Soften.

Key Phrase: You have nothing left to prove.

Message: You have been through the battles. The plates you carry were earned with pain, wisdom, and time. But now, the war is over—and your spirit longs to unclench. You are allowed to soften. You are allowed to stop guarding. Let your heart be held by the gentle currents of now.

Paleontology: Arthrodiras were armored jawed fishes that lived during the Devonian Period, encased in bony plates that protected their heads and thoraxes. Fossils of Arthrodira species have been discovered in the Devonian rock formations of the Catskill Delta and Hamilton Group in New York State. Their fossil record reflects both power and vulnerability—reminding us that what once served as protection must eventually be laid down to heal.



### Blastoid

Portal: Bloom in stone stillness, let shape become memory.

Key Phrase: Even the small can fossilize the sacred.

Message: You do not need to be large to leave a legacy. Your stillness, your quiet offerings, your sacred shape—these are enough to echo through time. This card calls you to honor the form your life is taking, even if it seems unnoticed by others. Memory is not always loud; sometimes it rests in tiny, perfect detail.

Paleontology: Blastoids were small, stalked echinoderms related to crinoids, with intricate thecae (body armor) and delicate feeding structures. Fossils have been found in Devonian strata of western and central New York, particularly in marine sedimentary rocks. Their compact, patterned forms reveal how even the tiniest beings can endure through geological time, capturing the shape of life at rest.



### Brachiopod

Portal: Open the shell of time. / Hear the ocean's whisper.

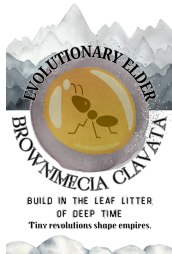
Key Phrase: Listen to the slow pulse beneath.

Message: You are tuned to a deeper rhythm—one that doesn't need to be fast or flashy to matter. Like the quiet pulse of the tide or a heartbeat in the dark, your presence holds quiet truth. This card asks you to slow down and remember the wisdom of still waters. What endures is not always what moves the fastest.

Paleontology: Brachiopods are marine invertebrates with two shells, superficially similar to clams but biologically distinct. They thrived in Paleozoic seas and are especially abundant in the Helderberg and Onondaga formations of the Hudson Valley and central New York. Their abundance in the fossil record makes them markers of ancient marine life and messengers of steady spiritual survival.

# Through the Ages

## The Northern Fossil Oracle Guidebook



### Brownimecia Clavata

Portal: Build up in the leaf litter or deep time.

Key Phrase: Tiny resolutions shape empires.

Message: Do not underestimate the power of small decisions. The tiniest intentions, laid down layer by layer, create the foundation for entire inner landscapes. This card honors the unseen labor of becoming. Great transformation often begins in the shadows, among the roots and detritus of your past self.

Paleontology: *Brownimecia clavata* is an extinct genus of primitive ant, preserved in Cretaceous amber found in the northeastern United States. Its fossil remains were discovered in New Jersey amber deposits, offering rare insight into early eusocial insect evolution. Though small, it reveals entire ancient ecosystems frozen in time—reminding us that great wisdom often hides in small, hidden forms.



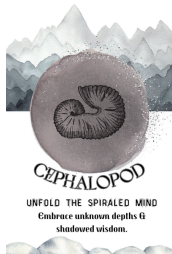
### Bryozoan

Portal: Build your sacred community.

Key Phrase: Feel the strength in numbers.

Message: You are not meant to do this alone. Every cell of your spirit remembers belonging—connection is not just a desire, it is your design. This card reminds you to reach out, to create structure through trust, and to let your strength be multiplied through shared purpose. Community is a living fossil of the soul.

Paleontology: Bryozoans are colonial aquatic invertebrates that lived in lace-like formations, often encrusting rocks or forming reef-like mats. Their fossils are widespread in Devonian shale and limestone formations across western New York, particularly in the Hamilton Group. These ancient architects of collective life teach us that unity—quiet and intricate—can hold entire worlds together.



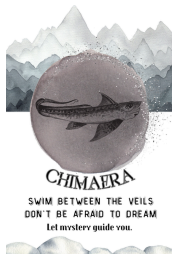
### Cephalopod

Portal: Unfold the spiraled mind. / Embrace the unknown depths.

Key Phrase: Dive deep into shadowed wisdom.

Message: There is more to you than meets the surface—layers of thought, feeling, and memory spiral inward, asking to be explored. This card invites you into your own mystery, into the deep places where logic gives way to intuition. Let your evolution be intelligent but strange, adaptive but wild. Trust what emerges from the dark.

Paleontology: Cephalopods include both extinct forms like ammonites and living relatives such as squids and octopuses. Fossils of ancient straight-shelled and coiled cephalopods are abundant in Ordovician and Devonian marine deposits across New York, especially in the Champlain Valley and Finger Lakes region. Their changing forms and sophisticated biology remind us that transformation is a sacred intelligence.



### Chimaera

Portal: Swim between the veils, don't be afraid to dream.

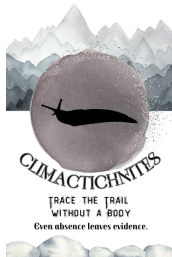
Key Phrase: Let mystery guide you.

Message: You walk between worlds—seen and unseen, known and unknowable. This card encourages you to embrace the dreamtime where truths take shadowy shape. Let your intuition swim beneath the surface; mystery is not absence, but a guide to deeper knowing. Trust the visions that ripple through your soul.

Paleontology: Chimaeras, sometimes called ghost sharks, are cartilaginous fishes related to sharks and rays. Fossilized remains dating back to the Devonian have been found in marine sedimentary rocks of the northeastern United States, including New York formations. Their ethereal, ancient forms inspire spiritual journeys through hidden depths and liminal spaces.

# Through the Ages

## The Northern Fossil Oracle Guidebook



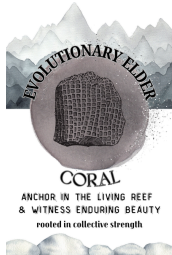
### Climactichnites

Portal: Trace the trail without a body.

Key Phrase: Even absence leaves evidence.

Message: Your journey may not always leave a visible form, but your path is undeniable. This card honors the invisible traces you leave behind—impressions on the world that endure beyond your physical presence. Even when you feel unseen or intangible, know that your movement shapes the future. Your legacy is written in the very ground you walk.

Paleontology: Climactichnites are fossilized trackways from the Cambrian period, found in sandstone formations across the northeastern United States, including New York and Vermont. Unlike body fossils, they capture the movement of ancient organisms whose physical forms remain unknown. These trace fossils teach us about presence beyond form, a spiritual footprint etched in time.



### Coral

#### Evolutionary Elder

Portal: Anchor in the living reef. / Witness enduring beauty.

Key Phrase: Stand rooted in collective strength.

Message: You are part of a vibrant, interconnected web—each relationship a vital reef that supports life's brilliance. This card calls you to find your strength in community, to nurture and be nurtured, and to stand firm through shifting tides. Your beauty and power come from this collective foundation, rooted deeply in ancient collaboration.

Paleontology: Corals have existed for over 500 million years, forming reef ecosystems that foster immense biodiversity. Fossilized corals from the Devonian period are found throughout western and central New York, notably in the Hamilton Group and Onondaga Limestone formations. These ancient reef builders embody the strength and resilience of community, connecting past and present life.



### Coelophysis

Portal: Move like ancient thunder.

Key Phrase: Be swift, yet rooted in your origins.

Message: Your energy is quick and electric, like a storm that announces change. This card invites you to harness your speed without losing sight of where you come from. Move with purpose, knowing that your roots give you strength even in rapid motion. The past and present pulse together in your stride.

Paleontology: Coelophysis is a genus of small, agile theropod dinosaurs from the Late Triassic period, known from fossils primarily found in the southwestern United States. Though not originally discovered in New York, their significance lies in understanding early dinosaur evolution and the ancient ecosystems that eventually shaped the northeastern terrain. Their swift, predatory nature teaches us about balance between agility and groundedness.



### Crinoid

Portal: Catch the rhythm beneath.

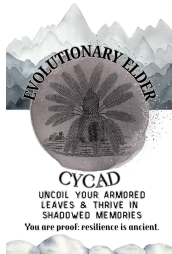
Key Phrase: Flow with the ancient tides within.

Message: There is a pulse beneath your surface, a rhythm older than memory. This card invites you to surrender to the flow beneath the noise, to move with grace rather than resistance. Like the feathery arms of the crinoid reaching for nourishment, your spirit is designed to catch what the current brings.

Paleontology: Crinoids, often called "sea lilies," are marine animals related to starfish and sea urchins. Their segmented stems and feathery arms fossilize well and are common in Devonian sedimentary rocks of western and central New York, especially around the Finger Lakes region. Their ancient presence reminds us that life's true power lies in subtle flow and graceful reception.

# Through the Ages

## The Northern Fossil Oracle Guidebook



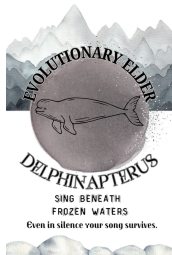
### Cycad

Portal: Uncoil your armored leaves and thrive in shadowed memories.

Key Phrase: You are proof: resilience is ancient.

Message: You carry the strength of ancient forests within you. This card invites you to unfurl your protective layers and grow in the quiet places of your past. Resilience is your inheritance—rooted in time, yet reaching toward the light. Your survival story is a living testament to endurance through shadowed memories.

Paleontology: Cycads are seed plants that have existed since the late Paleozoic Era, with fossil records dating back over 250 million years. Fossilized cycads and their leaves have been found in Carboniferous and Permian formations throughout the northeastern United States, including parts of New York. These plants embody ancient survival strategies, thriving in conditions that tested life's resilience.



### Delphinapterus

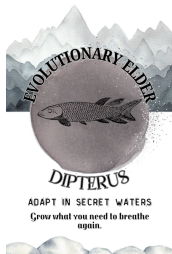
#### Evolutionary Elder

Portal: Sing beneath frozen waters.

Key Phrase: Even in silence your song survives.

Message: Your voice may be quiet, but it carries across the vast stillness. This card honors the power of subtle communication and enduring presence beneath challenging conditions. Even when silence surrounds you, your essence sings on—deep, resilient, and unwavering.

Paleontology: Delphinapterus, known commonly as the beluga whale, is a modern species with ancestors tracing back millions of years. Fossil relatives have been found in Pleistocene deposits throughout the northeastern United States, including New York coastal regions. As living evolutionary elders, they remind us that persistence and adaptability keep the song alive, even beneath ice and time.



### Dipterus

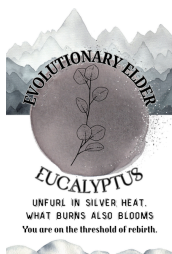
#### Evolutionary Elder

Portal: Adapt in secret waters.

Key Phrase: Grow what you need to breathe again.

Message: You thrive in hidden places, quietly adapting to the currents around you. This card invites you to nurture the parts of yourself that sustain life even in isolation. Growth may be slow and unseen, but it is powerful and necessary. Trust the secret waters that feed your spirit's breath.

Paleontology: Dipterus is a genus of extinct lungfish from the Devonian period, known for their ability to breathe air and survive in low-oxygen environments. Fossils of Dipterus have been found in Devonian sedimentary rocks of the northeastern United States, including New York's Catskill region. Their unique adaptations symbolize resilience and transformation in challenging conditions.



### Eucalyptus

Portal: Unfurl in silver heat. What burns also blooms.

Key Phrase: You are on the threshold of rebirth.

Message: You stand at the edge of transformation, where fire and renewal dance. This card calls you to embrace the burning away of old patterns, trusting that from ashes new growth will surge. Your spirit is a flame that both consumes and creates, shaping a vibrant rebirth.

Paleontology: Eucalyptus is a genus of flowering trees native primarily to Australia, with a fossil record dating back to the Paleogene period. While not native to New York, fossilized relatives of the myrtle family (Myrtaceae), which includes eucalyptus, have been found in Eocene deposits of the northeastern United States. Their story symbolizes resilience and renewal through fiery transformation.



# Through the Ages

## The Northern Fossil Oracle Guidebook



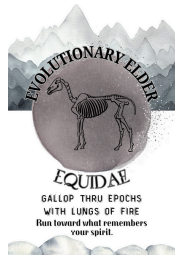
### Eurypterid

Portal: Stalk the edges of prehistory. / Reveal your primal power.

Key Phrase: Move boldly through ancient shadows.

Message: You carry the fierce energy of ancient hunters, stalking the boundaries where land meets sea. This card invites you to reclaim your primal power, stepping boldly through shadowed fears. Your strength is deep-rooted and enduring, waiting to surge when called forth.

Paleontology: Eurypterids, often called "sea scorpions," were some of the largest arthropods of the Paleozoic Era. Their fossils are notably abundant in the Silurian deposits near Herkimer and Buffalo, New York. These formidable predators symbolize the raw, untamed force that still lives within the depths of your being.



### Equine

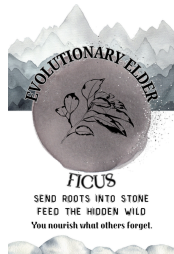
#### Evolutionary Elder

Portal: Gallop thru epochs with lungs of fire.

Key Phrase: Run toward what remembers your spirit.

Message: Your spirit races through time, carried on powerful legs and a wild heart. This card encourages you to chase the echoes of your soul's deepest memories, running free across the landscapes of your past and future. Strength, speed, and endurance are yours to claim.

Paleontology: Equine ancestors first appeared in the Eocene epoch and have a rich fossil history in the northeastern United States, including New York's White River Formation. Fossilized horse-like mammals found in New York's Pleistocene deposits reveal the evolutionary journey from small forest dwellers to the majestic runners they became. They remind us to honor both our origins and our boundless drive forward.



### Ficus

#### Evolutionary Elder

Portal: Send roots into stone feed the hidden wild.

Key Phrase: You nourish what others forget.

Message: You ground yourself in places unseen, nurturing the wildness that others overlook. This card honors your quiet strength and the unseen webs of life you sustain. You are a keeper of hidden abundance, feeding roots that reach far beyond the surface.

Paleontology: Ficus, or fig trees, have a long evolutionary history with fossil evidence dating back to the Paleogene period. Fossil leaves and pollen related to Ficus have been discovered in Eocene deposits in the northeastern United States, including New York. Their persistence through geological time symbolizes deep nourishment and ecological connection.



### Frog

#### Evolutionary Elder

Portal: Leap between forms without apology.

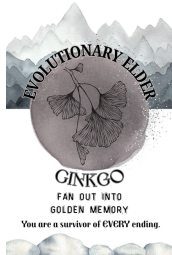
Key Phrase: Transformation is your natural state.

Message: You are a master of change, moving fluidly between worlds and shapes without hesitation. This card invites you to embrace your natural rhythm of transformation. Every leap is a sacred passage, every new form a renewal of your essence.

Paleontology: Frogs have an extensive fossil record dating back to the early Jurassic period. Fossilized frog remains have been found in Cretaceous and Paleogene formations in the northeastern United States, including New York. Their evolutionary journey embodies resilience and the power of metamorphosis.

# Through the Ages

## The Northern Fossil Oracle Guidebook



### Ginkgo

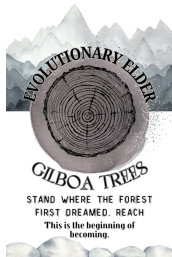
Evolutionary Elder

Portal: Fan out into golden memory.

Key Phrase: You are a survivor of EVERY ending.

Message: Your roots reach back through every extinction and renewal, carrying the wisdom of survival itself. This card honors your endurance through all endings and beginnings, reminding you that your spirit is woven into the golden threads of time. You are living proof that life always finds a way to continue.

Paleontology: Ginkgo trees are often called living fossils, with a lineage dating back over 270 million years to the Permian period. Fossilized Ginkgo leaves have been found in Jurassic and Cretaceous deposits throughout the northeastern United States, including New York. Their remarkable survival through mass extinctions symbolizes resilience and timeless strength.



### Gilboa Trees

Evolutionary Elder

Portal: Stand where the forest first dreamed, reach.

Key Phrase: This is the beginning of the becoming.

Message: You stand at the dawn of deep time, where forests first stretched toward the sun. This card invites you to honor beginnings—both ancient and personal—and to reach forward with the courage of new life. You are part of a story that has only just begun, a legacy of growth and transformation.

Paleontology: Gilboa trees are among the oldest known fossilized forests, dating to the Devonian period around 385 million years ago. The Gilboa fossil forest, discovered in Schoharie County, New York, provides the earliest evidence of complex tree-like plants forming ancient ecosystems. These trees mark the dawn of terrestrial forests, symbolizing the roots of all growth.



### Giant Beaver

Portal: Build in the flooded wilds.

Key Phrase: Create what shelters your legacy.

Message: You are an architect of shelter and safety, crafting spaces that protect what matters most. This card calls you to build thoughtfully and with purpose, honoring both your environment and your legacy. Your efforts may reshape the landscape of your life and those around you.

Paleontology: The Giant Beaver (*Castoroides*) was a massive, prehistoric rodent that lived during the Pleistocene epoch. Fossils have been found in swampy and glacial lake deposits throughout New York and the northeastern United States. Their impressive dams and lodges reflect an instinct to create lasting homes, symbolizing care and foresight.



### Ground Pine

Evolutionary Elder

Portal: Creep low & steady, thrive in shadowed quiet.

Key Phrase: Honor what hides in plain sight.

Message: You grow quietly and persistently, thriving in the spaces others overlook. This card invites you to honor the subtle strength found in patience and humility. Even in shadowed places, your life is vibrant and essential.

Paleontology: Ground pines (genus *Lycopodium*) are ancient vascular plants dating back to the Devonian and Carboniferous periods. Fossilized ground pine remains have been discovered in coal beds and sedimentary rocks throughout the northeastern United States, including New York. These plants reveal the power of quiet persistence and the importance of humble beginnings.



# Through the Ages

## The Northern Fossil Oracle Guidebook



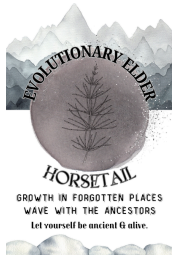
### Ground Sloth

Portal: Move through time with patience.

Key Phrase: Slow down – your presence is powerful.

Message: Your power lies in measured movement and deep presence. This card invites you to slow down, trusting that patience carries its own strength. Like the Ground Sloth, your steady pace is a force that shapes the world around you in profound ways.

Paleontology: Ground sloths were large, slow-moving mammals that lived in North America during the Pleistocene epoch. Fossils have been uncovered in glacial deposits and caves throughout New York and the northeastern United States. Their fossils remind us that endurance and quiet influence are just as impactful as speed.



### Horsetail

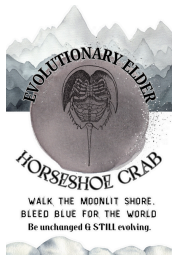
Evolutionary Elder

Portal: Growth in forgotten places, wave with the ancestors.

Key Phrase: Let yourself be ancient and alive.

Message: You are a survivor from the dawn of plant life, thriving in places both wild and overlooked. This card calls you to embrace your ancient roots while moving fluidly with the present. Your existence is a wave of life, connecting you to generations long past and those yet to come.

Paleontology: Horsetails (genus *Equisetum*) have a fossil record dating back to the Devonian period and were much larger in prehistoric times. Fossil horsetails are abundant in Carboniferous coal beds and sedimentary rocks throughout the northeastern United States, including New York's Hudson Valley. They symbolize resilience and the enduring pulse of life through deep time.



### Horseshoe Crab

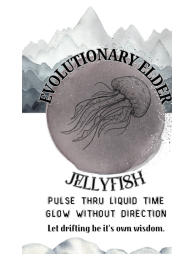
Evolutionary Elder

Portal: Walk the moonlit shore, bleed blue for the world.

Key Phrase: Be unchanged and still evolving.

Message: You carry the wisdom of ancient shores, moving steadily through cycles of change while remaining rooted in your essence. This card invites you to balance stillness with evolution, embracing your timeless nature as both constant and adaptable. Your resilience is a gift to the world.

Paleontology: Horseshoe crabs are often called living fossils, with a lineage dating back over 450 million years to the Ordovician period. Fossils and living specimens have been found along the northeastern United States coast, including New York. Their unchanging form alongside continual evolution symbolizes endurance and balance.



### Jellyfish

Evolutionary Elder

Portal: Pulse thru liquid time, glow without direction.

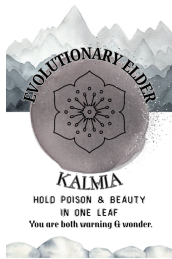
Key Phrase: Let drifting be its own wisdom.

Message: You move with the currents of life, surrendering control and embracing the flow. This card encourages you to find wisdom in drifting, to glow softly without needing to know the destination. Your path is shaped by presence, not purpose.

Paleontology: Jellyfish have existed for over 500 million years, with some of the oldest soft-bodied fossils found in the Cambrian period. Fossil impressions of jellyfish have been discovered in sedimentary rocks of the northeastern United States, including New York's Cambrian formations. They remind us that survival often comes from flow rather than force.

# Through the Ages

## The Northern Fossil Oracle Guidebook



Kalmia

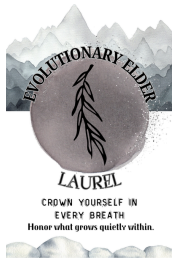
Evolutionary Elder

Portal: Hold poison and beauty in one leaf.

Key Phrase: You are both warning & wonder.

Message: You embody duality—the power to protect and to inspire awe. This card invites you to honor your edges and embrace your complexity. You are a living reminder that beauty can carry a warning, and caution can coexist with wonder.

Paleontology: Kalmia, commonly known as mountain laurel, is part of the heath family (Ericaceae) with fossil records dating back to the Paleogene period. Fossilized leaves and pollen of related species have been found in Eocene deposits across the northeastern United States, including New York. These plants symbolize the balance of attraction and defense through deep time.



Laurel

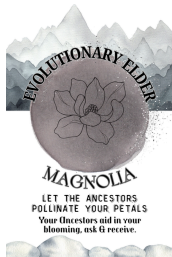
Evolutionary Elder

Portal: Crown yourself in every breath.

Key Phrase: Honor what grows quietly within.

Message: You carry a quiet strength that crowns your spirit with grace. This card invites you to recognize the growth happening beneath the surface—slow, steady, and powerful. Honor the inner life that nurtures your outer presence.

Paleontology: Laurel species, part of the Lauraceae family, have a fossil record dating back to the Paleogene period. Fossils of laurel leaves and seeds have been found in Eocene deposits throughout the northeastern United States, including New York. Their enduring presence reflects the power of subtle, persistent growth.



Magnolia

Evolutionary Elder

Portal: Let the ancestors pollinate your petals.

Key Phrase: Your ancestors aid in your blooming, ask & receive.

Message: Your growth is nurtured by generations before you, their wisdom carried like pollen on the breeze. This card invites you to open fully, trusting the unseen help that guides your blossoming. Ask openly and receive generously from the roots of your lineage.

Paleontology: Magnolias are among the oldest flowering plants, with fossil records dating back to the Cretaceous period. Fossilized magnolia leaves and flowers have been found in Paleocene and Eocene deposits in the northeastern United States, including New York. Their ancient lineage reminds us that blooming is a communal and ancestral act.



Mastodon

Portal: Echoes from ancient forests. / Step into vast memory.

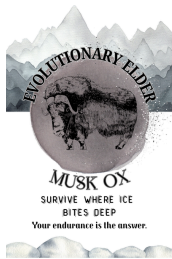
Key Phrase: Let the strength of the past hold you.

Message: You carry the weight of ancient worlds within your spirit. This card calls you to recognize the vast memory you inherit, standing tall amidst the echoes of deep time. Let the strength of your ancestors support you as you move forward.

Paleontology: Mastodons were large, elephant-like mammals that roamed North America until about 10,000 years ago during the late Pleistocene epoch. Fossils and remains have been found in peat bogs and glacial lake beds throughout New York and the northeastern United States. Their presence speaks to the endurance of legacy and the power of ancestral memory.

# Through the Ages

## The Northern Fossil Oracle Guidebook



Musk Ox

Evolutionary Elder

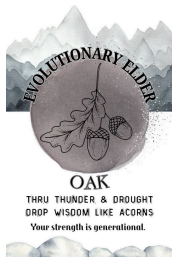
Portal: Survive where ice bites deep.

Key Phrase: Your endurance is the answer.

Message: You embody endurance in the face of harshest conditions. This card reminds you that your strength lies in steadfastness and quiet resilience. Even when the cold bites deep, your spirit remains unbroken and enduring.

Paleontology: Musk Oxen have roamed arctic and subarctic regions since the Pleistocene epoch.

Fossils have been discovered in glacial deposits across the northeastern United States, including New York. Their survival through ice ages teaches us about persistence and adaptation under pressure.



Oak

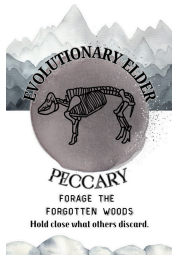
Evolutionary Elder

Portal: Thru thunder and drought drop wisdom like acorns.

Key Phrase: Your strength is generational.

Message: You stand as a pillar of enduring wisdom, weathering storms with quiet grace. This card invites you to share your knowledge generously, like acorns scattered to grow new life. Your strength sustains generations, rooted deeply in time.

Paleontology: Oaks belong to the genus *Quercus*, with fossil records dating back to the Paleogene period. Fossilized oak leaves and acorns have been found in Eocene and Miocene deposits throughout the northeastern United States, including New York. Their long-standing presence symbolizes stability, growth, and generational legacy.



Peccary

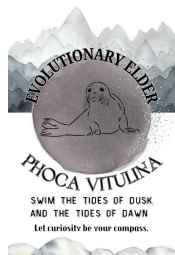
Evolutionary Elder

Portal: Forage the forgotten woods.

Key Phrase: Hold close what others discard.

Message: You navigate paths less traveled, finding value where others overlook. This card encourages you to cherish what is forgotten and to protect what is often discarded. Your wisdom lies in honoring the overlooked and sustaining life's hidden places.

Paleontology: Peccaries are pig-like mammals with a fossil record extending back to the Miocene epoch. Fossils of peccary ancestors have been found in Pliocene and Pleistocene deposits in the northeastern United States, including New York. Their history teaches us about survival through adaptability and resourcefulness in diverse habitats.



*Phoca vitulina*

Evolutionary Elder

Portal: Swim the tides of dusk and the tides of dawn.

Key Phrase: Let curiosity be your compass.

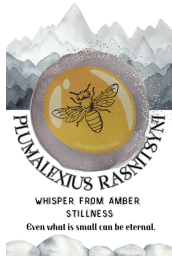
Message: You move gracefully between worlds of water and land, guided by curiosity and adaptability. This card invites you to explore with gentle confidence, trusting your instincts through changing tides. Your fluidity is your strength and your guide.

Paleontology: Harbor seals (*Phoca vitulina*) have a fossil record dating back to the Pliocene epoch.

Fossils and remains have been found along the northeastern coast, including New York's Atlantic shorelines. Their presence reminds us of the power of flexibility and exploration across boundaries.

# Through the Ages

## The Northern Fossil Oracle Guidebook



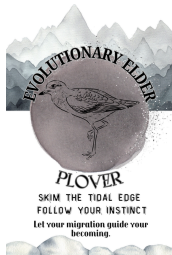
### Plumalexius

Portal: Whisper from amber stillness.

Key Phrase: Even what is small can be eternal.

Message: You carry quiet eternity within your delicate form. This card reminds you that even the smallest moments or beings can hold vast timelessness. Trust in the unseen and the preserved whispers of history that live within you.

Paleontology: Plumalexius rasnitsyni is a species of extinct wasp known from amber fossils dating to the Cretaceous period. Amber specimens containing Plumalexius have been found in northeastern regions, offering exquisite preservation of ancient life. These fossils reveal how fleeting moments can be frozen into eternal significance.



### Plover

Evolutionary Elder

Portal: Skim the tidal edge, follow your instinct.

Key Phrase: Let your migration guide your becoming.

Message: You navigate the edges between land and sea, guided by deep instinct and ancient cycles. This card encourages you to trust your migrations, both physical and spiritual, as part of your unfolding journey. Your path is one of flow and transformation, shaped by natural rhythms.

Paleontology: Plovers belong to a group of shorebirds with a fossil record extending back to the Miocene epoch. Fossilized remains of related species have been discovered in sedimentary deposits throughout the northeastern United States, including New York. Their migratory patterns symbolize the enduring call to movement and renewal.



### Rangifer

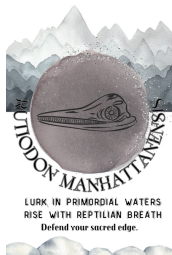
Evolutionary Elder

Portal: Navigate through memory, leave hoof-prints in stone.

Key Phrase: Follow the old paths to find yourself.

Message: You journey across vast landscapes, guided by memory and instinct. This card invites you to follow the ancient trails etched in your spirit, trusting that the old paths lead to true self-discovery. Your footprints mark a legacy of endurance and connection.

Paleontology: Fossils of Rangifer ancestors date back to the Pleistocene epoch, with remains found in glacial and tundra deposits across the northeastern United States, including New York. Their migrations reveal lessons of persistence and the power of ancestral guidance.



### Rutiodon Manhattanensis

Portal: Lurk in primordial waters, rise with reptilian breath.

Key Phrase: Defend your sacred edge.

Message: You exist on the boundary between ancient waters and emerging lands, a guardian of primal thresholds. This card calls you to protect your boundaries with fierce yet mindful strength. Your sacred edge is both shield and invitation.

Paleontology: Rutiodon Manhattanensis was a large Triassic-era phytosaur known from fossil remains found in the Newark Basin, including parts of Manhattan and surrounding regions in New York and New Jersey. These semi-aquatic reptiles thrived in prehistoric river systems, embodying the tension between water and land.

# Through the Ages

## The Northern Fossil Oracle Guidebook

Sassafras

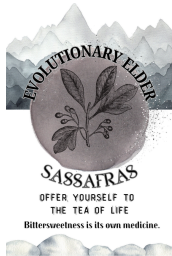
Evolutionary Elder

Portal: Offer yourself to the tea of life.

Key Phrase: Bittersweetness is its own medicine.

Message: You bring bittersweet healing through the essence of your being. This card encourages you to embrace the full spectrum of life's flavors—joy and sorrow alike—as essential medicine. Your presence offers comfort and renewal in equal measure.

Paleontology: Sassafras is a genus of deciduous trees with a fossil record dating back to the Paleogene period. Fossilized leaves have been found in Eocene deposits in the northeastern United States, including New York. Their ancient lineage reminds us that healing often comes through embracing complexity.



Seed Fern

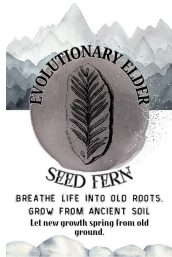
Evolutionary Elder

Portal: Breathe life into old roots. / Grow from ancient soil.

Key Phrase: Let new growth spring from old ground.

Message: You are a bridge between worlds—ancient and new—carrying the potential for rebirth and growth. This card invites you to nurture fresh beginnings, even from places that feel worn or spent. Your resilience is rooted in deep time and fertile ground.

Paleontology: Seed ferns are extinct plants that lived during the Carboniferous and Permian periods, bridging the gap between ferns and seed plants. Fossils of seed ferns have been found in coal beds and sedimentary rocks throughout the northeastern United States, including New York. Their existence teaches us that renewal often springs from the oldest roots.



Shark

Evolutionary Elder

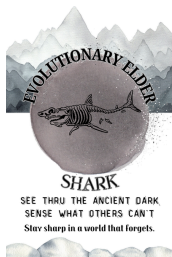
Portal: See thru the ancient dark, sense what others can't.

Key Phrase: Stay sharp in a world that forgets.

Message: You move with precision through unseen currents, sensing what lies beneath the surface.

This card encourages you to trust your instincts and stay vigilant amid uncertainty. Your awareness is a powerful tool in a world that often overlooks deeper truths.

Paleontology: Sharks have an extensive fossil record dating back over 400 million years to the Devonian period. Fossilized shark teeth and remains have been found in sedimentary deposits throughout the northeastern United States, including New York's Devonian formations. Their evolutionary endurance exemplifies adaptability and keen perception.



Short Faced Bear

Portal: Face forward with unmatched height.

Key Phrase: Let your power be a quiet warning.

Message: You stand tall with a presence that commands respect without words. This card urges you to wield your power with calm confidence, allowing your strength to speak for itself. Your quiet authority is a force that others feel before they see.

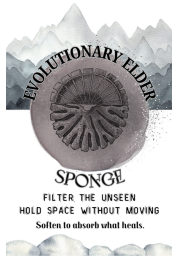
Paleontology: The short-faced bear (Arctodus simus) was a giant bear species that lived during the Pleistocene epoch in North America. Fossils have been discovered in caves and glacial deposits throughout the northeastern United States, including New York. Their imposing size and strength symbolize quiet dominance and resilience.





# Through the Ages

## The Northern Fossil Oracle Guidebook



Sponge

Evolutionary Elder

Portal: Filter the unseen, hold space without moving.

Key Phrase: Soften to absorb what heals.

Message: You are a quiet vessel, open and receptive to the subtle currents around you. This card invites you to soften your boundaries and absorb healing energies without resistance. Through stillness, you become a powerful conduit for transformation.

Paleontology: Sponges are among the oldest multicellular animals, with fossil evidence dating back over 600 million years to the Precambrian era. Fossilized sponges have been found in Cambrian and Ordovician deposits in the northeastern United States, including New York. Their simple yet effective form teaches us the power of presence and receptivity.



Stag Moose

Portal: Raise your crown in the mist.

Key Phrase: There is majesty in extinction.

Message: You carry the noble spirit of a creature both majestic and lost. This card invites you to honor the grandeur found even in endings and absence. There is strength in remembering what once was and allowing it to shape your path forward.

Paleontology: The Stag Moose (*Cervalces scotti*) was a large deer species that lived during the late Pleistocene epoch. Fossils have been found in glacial deposits across the northeastern United States, including New York. Their impressive antlers and size reflect a regal presence that continues to inspire.



Trilobite

Portal: Trace the oldest memory.

Key Phrase: Let the silence speak first.

Message: You are called to honor the deepest origins within yourself. This card invites you to embrace stillness and listen closely, allowing ancient wisdom to surface. Let silence be your gateway to understanding what has been long hidden.

Paleontology: Trilobites were one of the earliest complex marine arthropods, flourishing from the Cambrian through the Permian periods—over 270 million years ago. Their fossils are abundantly found in limestone quarries and shale formations throughout New York State, especially in the Mohawk Valley and Adirondacks. As ancient sentinels, they remind us to honor the quiet foundations of life and memory.



Trigonotarbid

Evolutionary Elder

Portal: Walk with silent legs spinning your legacy.

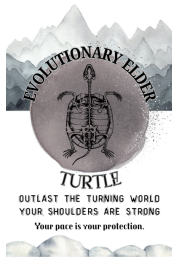
Key Phrase: You've been weaving before the web was named.

Message: You carry the ancient craft of weaving life's intricate patterns before they were recognized. This card invites you to honor the unseen webs you spin in your journey and relationships. Your legacy is one of connection and silent strength.

Paleontology: Trigonotarbid were extinct arachnids that lived from the Silurian to the Permian periods, predating modern spiders. Fossils have been found in Devonian and Carboniferous deposits in the northeastern United States, including New York. Their early presence in the fossil record reflects the deep roots of connectivity and creation.

# Through the Ages

## The Northern Fossil Oracle Guidebook



Turtle

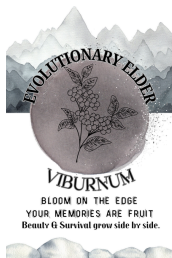
Evolutionary Elder

Portal: Outlast the turning world, your shoulders are strong.

Key Phrase: Your pace is your protection.

Message: You embody patience and endurance through ever-changing cycles. This card reminds you that steady progress is a form of protection and strength. Trust your pace and know that lasting transformation unfolds over time.

Paleontology: Turtles have a fossil record extending back over 200 million years to the Triassic period. Fossilized turtle shells and bones have been found in sedimentary rock formations throughout the northeastern United States, including New York. Their ancient resilience teaches us about longevity and steady, mindful movement.



Viburnum

Evolutionary Elder

Portal: Bloom on the edge, your memories are fruit.

Key Phrase: Beauty and survival grow side-by-side.

Message: You flourish where challenge meets opportunity, turning memories into nourishment. This card encourages you to find beauty and resilience in the margins, where growth is both fragile and fierce. Your fruits carry the wisdom of survival and grace.

Paleontology: Viburnum is a genus of shrubs and small trees with fossil records dating back to the Miocene epoch. Fossilized leaves and seeds have been found in sedimentary deposits throughout the northeastern United States, including New York. Their presence illustrates the harmony of beauty and endurance across time.



## Optional Spreads

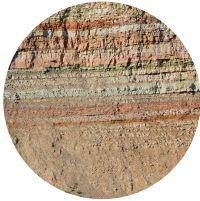
### The Sedimentary Spread

Theme: Layers of experience — what has built you

Cards: 3

Purpose: Understand how your past, present, and subconscious shape your spiritual foundation.

1. The Bottom Layer – What from the distant past still influences you? (Buried memory, ancestral legacy, past life, or childhood root.)
2. The Middle Layer – What pressure is shaping you right now? (Current circumstance, emotional compression, growth challenge.)
3. The Top Layer – What truth is beginning to surface? (Insight ready to emerge, breakthrough, or soul message in formation.)



### The Fossil Record Spread

Theme: Ancestral echoes and soul evolution

Cards: 5

Purpose: Trace your soul's spiritual lineage and karmic learning.

1. The Ancient Echo – What spiritual trait or gift was inherited from deep time?
2. The Transitional Form – What are you evolving out of?
3. The Missing Link – What's unclear or unresolved that connects your past and present?
4. The Adaptation – What lesson has helped you survive and adapt?
5. The Living Lineage – What enduring truth lives in you now, ready to guide your future?



### The Extinction & Emergence Spread

Theme: What must end, and what is ready to rise

Cards: 4

Purpose: Let go of the outdated and honor what is becoming.

1. The Extinct Pattern – What belief or behavior has reached its end?
2. The Fossil Fuel – What emotional or spiritual energy still powers you from the past (for better or worse)?
3. The Eruption – What force or change is shaking up your life now?
4. The New Species – What is being born in you, ready to thrive?



## Optional Spreads Continued...

The Petrified Mirror Spread

Theme: Looking into the past to understand the present

Cards: 6

Purpose: Deep shadow work and self-recovery through time.



1. The Original Imprint – What old experience shaped your identity?
2. The Preserved Pain – What has hardened into belief but no longer serves you?
3. The Trace Fossil – What silent truth remains, though the body is gone?
4. The Surrounding Sediment – What stories or outside influences buried this part of you?
5. The Cracked Surface – What signals are showing you it's time to unearth this?
6. The Living Fossil – What part of you survived all this, and is ready to guide your healing?